

Meetings / Practices		Where	When	
All	Epsom Spectrum	F1	Friday 1pm	(HES)
LBGTQ+ Discussion group. All welcome.				
All	All Subjects	D4		(LIN)
Exam or Performance Anxiety – Do you get overly anxious before an exam (or a sport/musical assessment)? Would you like to learn how to better manage the nerve so you can get the best possible outcome? If you want to get some FREE coaching to learn about how to remove your exam/performance anxiety, email Mr Lin at tlin@apps.eggs.school.nz or find him at D4				
General	Robotics club	T2	Tuesday lunchtime	(zRAM)
The Robotics team would like to invite years 9 and 10 students to have a go at robotics. We meet Tuesday lunchtimes in T2. All are welcome to come and have a go at some robotic challenges.				
Sports	Dragon Boat Trials	Pool	Tomorrow Lunchtime	(zRAM)
Dragon Boating trials are happening week 2 of term 4! A swim trial will be held on Tuesday lunch time and a have a go session on Thursday at the pool. Dragon Boating is a fantastic sport to get involved in for 2019! Trials are open to current year 12s ad 11s, hope to see you all there!				
Year 11	Questions concerning L1 externals	S6 lunchtime	Today	(DAV)
If you have any concerns around the Level 1 external exams/ credits or even revision please see Mrs Davdison in S6 Wednesday or Thursday lunchtime this week otherwise you will find me in my dean office when I am not teaching.				
General Notices				
All	New Rowers WANTED			(zHAN)
Year 10 and 11's! WE NEED YOU! Now that winter sports are over if you are interested in taking up rowing for the summer please see Leah in the Sports Office ASAP!				
All	Term 4 Tennis			(zJON)
Anyone interested in Term 4 Tennis please come to the Sports Office for the sign up form. All welcome.				
All	LOCKERS			(zMAC)
All students who have lockers in the D Block need to remove their locks and the contents of the lockers before Wednesday 7 November as there will be no access to the lockers in this area during NCEA exams. All remaining lockers need to be cleared and locks removed before the last day of Week 8 - Friday 7 December. After this date any remaining locks will be cut off and the contents of the lockers disposed of. If you have any queries regarding this please see Mrs Mack in Student Support Reception. Thank you.				
All	Duke of Edinburgh			(NGN)
The following students will be presented their certificates at assembly on Thursday 25th Oct. Please meet at the back of the hall at 8.25am. Antonia Aimer, Vicki Chow, Rebecca James, Sarah Murchison, Jessica Ou, Catherine Thompson, Phoebe Yorston, Yerin An, Christine Lee and Sophie Whitlock. Please email me to confirm your attendance at assembly. Mrs Ng				

Lost/Found **FOUND** (zBAX)

A school scarf. Has the name, WATSON on it. As there are a number of students with this surname, if this is yours please pick up from Ms Bax at Student support please.

Music **Choir Auditions Thursday 25th** (zGRM)

If you would like to audition for a choir (Canto Vivo, Epsom Singers, Paradisum) and haven't already, please come and sign up on the form outside the music office for the next auditions on Thursday 25th.

There will be copies of the test piece outside the office.

Music **New choir members** (zGRM)

If you would like to join a choir and you haven't sung in an Epsom choir before, please sign up on this form: <https://bit.ly/2yoaCRr>